



WOUND AND OSTOMY CARE RESOURCES

A wound is a physical injury that results in an opening or break of the skin. While wound healing is a natural process, in cases where impaired immunity, diseases such as diabetes and cardiovascular disease, immobility or poor nutrition are a factor, intervention is necessary. Even minor injuries such as cuts in impaired individuals may readily develop into very traumatic injuries requiring medication, hospitalization, and even surgery. Nurses trained in wound care practice are a vital resource in treating these individuals.

Enterostomal Therapy is a nursing discipline that manages the care of all artificial openings of the body, created by surgery or tissue. Such conditions include ostomies, pressure ulcers, skin maceration due to incontinence, problematic surgical wounds and diabetic foot ulcers.

The following are health professionals in the Washington metropolitan area that specialize in Wound Care and Enterostomal Therapy:

- **Leslie Rowan, BSN, RN, CWCN** - Provides wound care education and training to staff as well as direct care.
202.251.9815 lmrowanrn@aol.com
- **Professional Home Health Care**, Pat Kelly, Director. Home health care service with certified wound and ostomy care nurses on staff to provide direct service.
202.955.8355 or 703.627.4181
- **ET Consultants** - Donna McMullan, RN, CWCON. Operates her own business of certified wound care and ostomy nurses providing direct care and training for staff.
240.715.4362
- **Medstar Health VNA** - Visiting Nurses Association not certified in wound or ostomy care, but can offer wound and ostomy care along with education and training for staff.
1.877.801.0310
- **Wound Care Information Network** – A website designed for providers, consumers and family members to learn and share information about wound and ostomy care. The site also allows visitors to email wound and ostomy care questions to a physician who specializes in wound medicine.
website: www.medicaledu.com
email questions to: woundinformation@aol.com